



HOLISTIC DEVELOPMENT OF STUDENTS

Event Date: 20th April, 2023

Event Venue: Gurudwara Ber Sahib, Gurudwara Hatt Sahib, Gurudwara Bibi Nanki ji, Puratan ghar Bibi Nanki ji(Sultanpur Lodhi)

Organizing unit/ agency/ collaborating agency: NSS and Department of Computer Science & Engineering, SBBSU, Jalandhar

No. of Participants: 42

Summary of Report: (Objective, highlights and snapshots like images should be included)

The recreational activities are important for the physical and mental well-being of students and are being used as tool to improve concentration skills, manage anxiety and stress. Therefore, to lessen the academic pressure and for the holistic development of students, the department of Computer Science and Engineering organized an extension activity for the students on 20th April. A group of 42 students with four faculty members from department departed from university at about 07:30 am. We reached the venue, holy town Sultanpur Lodhi, at around 09:15AM.

Sultanpur Lodi is a sacred Sikh pilgrimage site associated with the founder of Sikhism, Guru Nanak, who lived here for 14 years. Guru Nanak Dev got a job in Nawab Daulat Khaan's Provision store on recommendation of his brother-in-law Jairam. At this sacred place was situated the Store of Nawab and Guru Sahib used work here. It is Known as **Gurudwara Hatt Sahib** where Stones used by Guru Sahib as weights are still on display here.

Gurudwara Ber Sahib is the biggest Gurudwara located in Sultanpur Lodhi and is situated on the banks of the streamlet Kali Bein. It is located near a 'ber' tree, which is known to have been where Guru Ji meditated every day for 14 years, 9 months and 13 years. He used to take a bath in the River Bein and then sit under the tree to meditate, and during one such meditation, it is believed he had a communion directly with the Divine. As per the Janam Sakhis, he saw a peculiar light and followed it into the stream. People thought that he had drowned as no one could find him and he had disappeared in the stream for 2/3 days. He reappeared at a spot 2 kms away, which is now called Sant Ghat, and he said, "No one is Hindu, no one is Muslium. We are all human beings."



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FEW GLIMPSE OF THE VISIT:

